Spiritual Discipline

Romans 7:18 For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find.

James 4:17 Therefore, to him who knows to do good and does not do it, to him it is sin.

Matthew 26:40-41 Then He came to the disciples and found them sleeping, and said to Peter, "What! Could you not watch with Me one hour? 41 Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak."

Proverbs 14:23 All hard work brings a profit, but mere talk leads only to poverty.

James 1:22-25 <u>But be doers of the word, and not hearers only, deceiving yourselves.</u>
23 For if anyone is a hearer of the word and not a doer, he is like a man observing his natural face in a mirror; 24 for he observes himself, goes away, and immediately forgets what kind of man he was. 25 But he who looks into the perfect law of liberty and continues in it, and is <u>not a forgetful hearer but a doer of the work, this one will be blessed in what he does.</u>

I. Disciplining Ourselves

1 Corinthians 9:27 But <u>I discipline my body and bring it into subjection</u>, lest, when I have preached to others, I myself should become disqualified.

2 Peter 1:5-10 But also for this very reason, giving all diligence, add to your faith virtue, to virtue knowledge, 6 to knowledge self-control, to self-control perseverance, to perseverance godliness, 7 to godliness brotherly kindness, and to brotherly kindness love. 8 For if these things are yours and abound, you will be neither barren nor unfruitful in the knowledge of our Lord Jesus Christ. 9 For he who lacks these things is shortsighted, even to blindness, and has forgotten that he was cleansed from his old sins. 10 Therefore, brethren, be even more diligent to make your call and election sure, for if you do these things you will never stumble;

II. Growing Little By Little

2 Peter 3:18 but grow in the grace and knowledge of our Lord and Savior Jesus Christ.

Exodus 23:30 <u>Little by little</u> I will drive them out before you, until you have increased enough to take possession of the land.

Proverbs 13:11 Dishonest money dwindles away, but he who gathers money <u>little by little makes it grow</u>.

III. Growing Diligently

Romans 12:11-12 <u>not lagging in diligence</u>, <u>fervent in spirit</u>, <u>serving the Lord</u>; 12 rejoicing in hope, patient in tribulation, <u>continuing steadfastly in prayer</u>;

1 Thessalonians 5:17 pray without ceasing,

Ephesians 5:16 redeeming the time, because the days are evil.

Hebrews 11:6 But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that <u>He is a rewarder of those who diligently seek</u> Him.

IV. Never Give Up

Galatians 6:9-10 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. 10 Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.

1 Corinthians 15:58 Therefore, my beloved brethren, <u>be steadfast, immovable</u>, <u>always abounding in the work of the Lord</u>, knowing that your labor is not in vain in the Lord.