

Kingdom Lessons
Do Not Worry

Do Not Worry, You Are Valuable To God

Matthew 6:25-26 "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?

1 Peter 1:18-19 knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers, but with the precious blood of Christ, as of a lamb without blemish and without spot.

Worrying Does Not Change Things

Matthew 6:27 Which of you by worrying can add one cubit to his stature?

Psalms 37:8 Cease from anger, and forsake wrath; Do not fret—it only causes harm.

Jeremiah 13:23 Can the Ethiopian change his skin or the leopard its spots? Then may you also do good who are accustomed to do evil.

2 Corinthians 12:8-9 Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

Do Not Worry, Trust In The Lord

Matthew 6:28-30 "So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?

Psalms 43:5 Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; For I shall yet praise Him, The help of my countenance and my God.

Isaiah 26:3 You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.

Do Not Worry, God Knows Your Needs

Matthew 6:32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

James 1:6 But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind.

Psalms 4:1 Hear me when I call, O God of my righteousness! You have relieved me in my distress; Have mercy on me, and hear my prayer.

Psalms 4:3-5 But know that the Lord has set apart for Himself him who is godly; The Lord will hear when I call to Him. Be angry, and do not sin. Meditate within your heart on your bed, and be still. Offer the sacrifices of righteousness, And put your trust in the Lord.

Do Not Worry, The Lord Will Provide

Matthew 6:33 But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Psalms 46:1-2 God is our refuge and strength, A very present help in trouble. Therefore we will not fear, Even though the earth be removed, And though the mountains be carried into the midst of the sea;

Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.

Psalms 37:25 I have been young, and now am old; Yet I have not seen the righteous forsaken, Nor his descendants begging bread.

Do Not Worry About The Future, Live In The Problems Of The Present

Matthew 6:34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

Psalms 63:6-8 When I remember You on my bed, I meditate on You in the night watches. Because You have been my help, Therefore in the shadow of Your wings I will rejoice. My soul follows close behind You; Your right hand upholds me.

Psalms 119:148 My eyes are awake through the night watches, That I may meditate on Your word.

Psalms 46:10 Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!