

I Can Bear My Wounded Spirit Through Christ Who Strengthens Me

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law.

Proverbs 18:14 The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?

Philippians 4:13 I can do all things through Christ who strengthens me.

James 4:8 Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.

Psalms 119:28 My soul melts from heaviness; Strengthen me according to Your word.

I. I Can Overcome Fear And Have Peace Through Christ Who Strengthens Me

Psalms 143:4 Therefore my spirit is overwhelmed within me; My heart within me is distressed.

Proverbs 12:25 Anxiety in the heart of man causes depression, But a good word makes it glad.

Ephesians 6:10 Finally, my brethren, be strong in the Lord and in the power of His might.

Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.'

Isaiah 26:3 You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.

Romans 15:13 Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

II. I Can Overcoming Sorrow And Have Joy Through Christ Who Strengthens Me

Proverbs 15:13 A merry heart makes a cheerful countenance, But by sorrow of the heart the spirit is broken.

Matthew 26:37 And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed.

Romans 15:4 For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope.

Colossians 1:5 because of the hope which is laid up for you in heaven, of which you heard before in the word of the truth of the gospel,

Titus 1:2 in hope of eternal life which God, who cannot lie, promised before time began,

Hebrews 10:23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful.

Psalm 31:24 Be of good courage, And He shall strengthen your heart, All you who hope in the LORD.

1 Thessalonians 4:13-14 But I do not want you to be ignorant, brethren, concerning those who have fallen asleep, lest you sorrow as others who have no hope. 14 For if we believe that Jesus died and rose again, even so God will bring with Him those who sleep in Jesus.

Hebrews 3:6 but Christ as a Son over His own house, whose house we are if we hold fast the confidence and the rejoicing of the hope firm to the end.

Romans 5:2 through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.

Romans 15:13 Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

Romans 12:12 rejoicing in hope, patient in tribulation, continuing steadfastly in prayer;