

Lessons On Suffering And Grief From Psalms

1 Samuel 13:14 But now your kingdom shall not continue. The LORD has sought for Himself a man after His own heart, and the LORD has commanded him to be commander over His people, because you have not kept what the LORD commanded you."

I. Blessings In The Life Of David

1 Samuel 18:1-2 Now when he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul. **2** Saul took him that day, and would not let him go home to his father's house anymore.

1 Samuel 18:14-16 And David behaved wisely in all his ways, and the LORD was with him. **15** Therefore, when Saul saw that he behaved very wisely, he was afraid of him. **16** But all Israel and Judah loved David, because he went out and came in before them.

1 Samuel 18:20 Now Michal, Saul's daughter, loved David. And they told Saul, and the thing pleased him.

1 Samuel 18:28-29 Thus Saul saw and knew that the LORD was with David, and that Michal, Saul's daughter, loved him; 29 and Saul was still more afraid of David. So Saul became David's enemy continually.

II. David's Loss Because Of King Saul

1 Samuel 19:11-12 Saul also sent messengers to David's house to watch him and to kill him in the morning. And Michal, David's wife, told him, saying, "If you do not save your life tonight, tomorrow you will be killed." **12** So Michal let David down through a window. And he went and fled and escaped.

1 Samuel 20:41 As soon as the lad had gone, David arose from a place toward the south, fell on his face to the ground, and bowed down three times. And they kissed one another; and they wept together, but David more so.

1 Samuel 23:14 And David stayed in strongholds in the wilderness, and remained in the mountains in the Wilderness of Ziph. Saul sought him every day, but God did not deliver him into his hand.

III. David's Grief And Sorrow Over His Losses And Trials

Psalm 69:1-4 Save me, O God! For the waters have come up to my neck. 2 I sink in deep mire, Where there is no standing; I have come into deep waters, Where the floods overflow me. 3 I am weary with my crying; My throat is dry; My eyes fail while I wait for my God. 4 Those who hate me without a cause Are more than the hairs of my head; They are mighty who would destroy me, Being my enemies wrongfully; Though I have stolen nothing, I still must restore it.

Psalm 31:9-10 Have mercy on me, O LORD, for I am in trouble; My eye wastes away with grief, Yes, my soul and my body! 10 For my life is spent with grief, And my years with sighing; My strength fails because of my iniquity, And my bones waste away.

Psalm 6:6-8 I am weary with my groaning; All night I make my bed swim; I drench my couch with my tears. 7 My eye wastes away because of grief; It grows old because of all my enemies. 8 Depart from me, all you workers of iniquity; For the LORD has heard the voice of my weeping.

IV. David Drew Strength From God

Psalm 6:2-7 Have mercy on me, O LORD, for I am weak; O LORD, heal me, for my bones are troubled. 3 My soul also is greatly troubled; But You, O LORD — how long? 4 Return, O LORD, deliver me! Oh, save me for Your mercies' sake! 5 For in death there is no remembrance of You; In the grave who will give You thanks? 6 I am weary with my groaning; All night I make my bed swim; I drench my couch with my tears. 7 My eye wastes away because of grief; It grows old because of all my enemies.

Psalm 18:6 In my distress I called upon the LORD, And cried out to my God; He heard my voice from His temple, And my cry came before Him, even to His ears.

Psalm 61:2 From the end of the earth I will cry to You, When my heart is overwhelmed; Lead me to the rock that is higher than I.

Psalm 25:17 The troubles of my heart have enlarged; Bring me out of my distresses!

Psalm 143:11 Revive me, O LORD, for Your name's sake! For Your righteousness' sake bring my soul out of trouble.

Psalm 28:7 The LORD is my strength and my shield; My heart trusted in Him, and I am helped; Therefore my heart greatly rejoices, And with my song I will praise Him.

Psalm 30:5 Weeping may endure for a night, But joy comes in the morning.

V. David Did Not Allow The Evil Done By Saul To Overcome Him

1 Samuel 24:3-7 Then the men of David said to him, "This is the day of which the LORD said to you, 'Behold, I will deliver your enemy into your hand, that you may do to him as it seems good to you.'" And David arose and secretly cut off a corner of Saul's robe. 5 Now it happened afterward that David's heart troubled him because he had cut Saul's robe. 6 And he said to his men, "The LORD forbid that I should do this thing to my master, the LORD's anointed, to stretch out my hand against him, seeing he is the anointed of the LORD."

1 Samuel 24:10-12 Look, this day your eyes have seen that the LORD delivered you today into my hand in the cave, and someone urged me to kill you. But my eye spared you, and I said, 'I will not stretch out my hand against my lord, for he is the LORD's anointed.' 11 Moreover, my father, see! Yes, see the corner of your robe in my hand! For in that I cut off the corner of your robe, and did not kill you, know and see that there is neither evil nor rebellion in my hand, and I have not sinned against you. Yet you hunt my life to take it.

2 Samuel 1:11-12 Therefore David took hold of his own clothes and tore them, and so did all the men who were with him. 12 And they mourned and wept and fasted until evening for Saul and for Jonathan his son, for the people of the LORD and for the house of Israel, because they had fallen by the sword.

Proverbs 24:17 Do not rejoice when your enemy falls, And do not let your heart be glad when he stumbles;

2 Samuel 1:23-24 "Saul and Jonathan were beloved and pleasant in their lives, And in their death they were not divided; They were swifter than eagles, They were stronger than lions. 24 "O daughters of Israel, weep over Saul, Who clothed you in scarlet, with luxury; Who put ornaments of gold on your apparel.