

## Overcoming Discouragement

### I. Discouragement Due To Trials In Life

Deuteronomy 1:21 Look, the LORD your God has set the land before you; go up and possess it, as the LORD God of your fathers has spoken to you; do not fear or be discouraged.'

Deuteronomy 1:28-29 Where can we go up? Our brethren have discouraged our hearts, saying, "The people are greater and taller than we; the cities are great and fortified up to heaven; moreover we have seen the sons of the Anakim there." 29 "Then I said to you, 'Do not be terrified, or afraid of them.

Hebrews 12:3 For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls. NKJV

Hebrews 12:5-6 And you have forgotten the exhortation which speaks to you as to sons: "My son, do not despise the chastening of the LORD, Nor be discouraged when you are rebuked by Him; 6 For whom the LORD loves He chastens, And scourges every son whom He receives."

2 Corinthians 4:16 Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. NKJV

Hebrews 3:13-15 But encourage one another day after day, as long as it is still called "Today," so that none of you will be hardened by the deceitfulness of sin. 14 For we have become partakers of Christ, if we hold fast the beginning of our assurance firm until the end, 15 while it is said, "TODAY IF YOU HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS, AS WHEN THEY PROVOKED ME."

Galatians 6:9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. NKJV

### II. The Need To Encourage The Exhausted

Isaiah 35:3-4 Encourage the exhausted, and strengthen the feeble. 4 Say to those with anxious heart, "Take courage, fear not. Behold, your God will come with vengeance; The recompense of God will come, But He will save you." NASU

1 Thessalonians 5:14 We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with everyone. NASU

1 Thessalonians 5:11 Therefore encourage one another and build up one another, just as you also are doing. NASU

### III. Encouragement Through The Word Of God

1 Corinthians 14:3 But he who prophesies speaks edification and exhortation and comfort to men.

2 Timothy 4:2 Preach the word! Be ready in season and out of season. Convince, rebuke, exhort, with all longsuffering and teaching. NKJV

Titus 1:9 He must hold firmly to the trustworthy message as it has been taught, so that he can encourage others by sound doctrine and refute those who oppose it. NIV

1 Thessalonians 4:18 Therefore encourage each other with these words. NIV

#### IV. Encouragement Through Prayer

Luke 18:1 Then He spoke a parable to them, that men always ought to pray and not lose heart,

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

Psalms 138:3 In the day that I called you answered me, You encouraged me with strength in my soul.

Psalms 27:14 Wait on the LORD; Be of good courage, And He shall strengthen your heart; Wait, I say, on the LORD! NKJV

#### V. Encouragement Through Faith In God's Presence

Deuteronomy 31:6-7 Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you, He will not leave you nor forsake you." 7 Then Moses called Joshua and said to him in the sight of all Israel, "Be strong and of good courage, for you must go with this people to the land which the LORD has sworn to their fathers to give them, and you shall cause them to inherit it NKJV

Joshua 1:9 Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go."

1 Chronicles 28:20 And David said to his son Solomon, "Be strong and of good courage, and do it; do not fear nor be dismayed, for the LORD God — my God — will be with you. He will not leave you nor forsake you, until you have finished all the work for the service of the house of the LORD.

Isaiah 41:10 Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.' NKJV

Isaiah 26:3 You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.